



**Alaska Association of Student Government**

**Resolution #7**

**Plan to Extend Passing Periods on Block Days at Eagle River High School**

**Submitted by Eagle River High School**

**October 13, 2023**

**Be it resolved by the Alaska Association of Student Governments** that Eagle River High School adds two minutes to passing periods during block days, making them eight minutes long.

1. **Whereas**, the current passing periods at Eagle River High School (ERHS) are 6 minutes long throughout the entire week;
2. **Whereas**, ERHS follows a block schedule with only 4 classes on the days Tuesday, Wednesday, and Thursday;
3. **Whereas**, each block period is a duration of 82 minutes;
4. **Whereas**, students off time during the weekdays Tuesday, Wednesday, and Thursday consists of 4 passing periods and a 44-minute-long break for lunch;
5. **Whereas**, during the weekdays of Tuesday, Wednesday, and Thursday, students are in class for about 5.5 hours vs. an off time of about 1 hour;
6. **Whereas**, according to South Dakota State University Extension, “[longer] [b]rain breaks have been proven to improve cognitive skills, increase brain activity and encourage social and emotional growth” (SDSU Extension);
7. **Whereas**, longer breaks in between classes greater the chances of a more focused student during class;
8. **Whereas**, most students’ teachers require their students to use the restroom and go to their locker outside of class time;
9. **Whereas**, there are only three main locations to use restrooms in ERHS, so students experience long lines in the restroom during passing periods;
10. **Whereas**, students choose to either go to their lockers or use the restroom because they do not have time to do both before passing period is over;

11. **Whereas**, Chugiak High School, Service High School, and Dimond High School currently have passing periods that are 10 minutes long during block days;
12. **Whereas**, West Anchorage High School currently has passing periods that are 8 minutes long Monday-Friday;
13. **Whereas**, Bartlett High School currently has passing periods that are 7 minutes long Monday-Friday;
14. **Whereas**, South Anchorage High School currently has 6-minute passing periods on Monday & Friday and 8-minute passing periods on block days;
15. **Whereas**, with longer passing periods, students will be able to focus better on class, use the restroom, and access everything they need from their locker;

**Therefore, be it resolved by the Alaska Association of Student Governments** Eagle River High School adds two minutes to passing periods during block days, making them eight minutes long.

**Action Statement:** This resolution, if passed by the general assembly of AASG, will proceed to Eagle River High School Administration for further discussion and consideration.

**Current ERHS Bell Schedule**



## ERHS Daily Bell Schedule



Monday	Tuesday	Wednesday	Thursday	Friday
PLCs 8:15 - 8:24	Period 1 7:30 - 8:52	Period 2 7:30 - 8:52	Period 1 7:30 - 8:52	Period 1 7:30 - 8:15
Period 1 8:30 - 9:15				
Period 2 9:21 - 10:04	Period 2 8:58 - 10:20	Period 3 8:58-10:20	Period 3 8:58 - 10:20	Period 2 8:21 - 9:06
Period 3 10:10 - 10:52				Period 3 9:12 - 9:57
				SLCs 9:57-10:42
Lunch 10:52 - 11:34	Lunch 10:20 - 11:04	Lunch 10:20 - 11:04	Lunch 10:20 - 11:04	Lunch 10:42 - 11:27
Period 4 11:40 - 12:23	Period 4 11:10 - 12:32	Period 5 11:10-12:32	Period 4 11:10 - 12:32	Period 4 11:33 - 12:18
Period 5 12:29 - 1:12				Period 5 12:24 - 1:09
Period 6 1:18 - 2:00	Period 5 12:38 - 2:00	Period 6 12:38-2:00	Period 6 12:38 - 2:00	Period 6 1:15 - 2:00

**Proposed ERHS Bell Schedule\***

<b>TUESDAY      WEDNESDAY      THURSDAY</b>		
PERIOD 1 7:30 - 8:53	PERIOD 2 7:30 - 8:53	PERIOD 1 7:30 - 8:53
PERIOD 2 9:03 - 10:23	PERIOD 3 9:03 - 10:23	PERIOD 3 9:03 - 10:23
LUNCH 10:23 - 11:04	LUNCH 10:23 - 11:04	LUNCH 10:23 - 11:04
PERIOD 4 11:10 - 12:30	PERIOD 5 11:10 - 12:30	PERIOD 4 11:10 - 12:30
PERIOD 5 12:40 - 2:00	PERIOD 6 12:40 - 2:00	PERIOD 6 12:40 - 2:00

\*(Monday and Friday stay the same)

The resolution passes with noted opposition

Passed by the Fall 2023 General Assembly of AASG hosted by West Valley High School



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AASG Vice President, Danika Hamm



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AASG Executive Director, Kathleen Navarre