Alaska Association of Student Government
Resolution #5
Requiring Free Menstrual Products in All Alaskan Schools
Submitted by: Sitka High School Student Council
Submitted on: September 26, 2026

Be it resolved by the Alaska Association of Student Governments that the Alaska State Legislature funds and requires all schools across the state to provide menstrual hygiene products in all female-accessible school restrooms.

1. **Whereas,** there are currently no state laws requiring Alaskan schools to provide menstrual products to students;
2. **Whereas,** there are no statewide organizations in Alaska that provide schools with menstrual hygiene products;
3. **Whereas,** very few Alaskan schools provide free menstrual products to students in school bathrooms;
4. **Whereas,** period poverty refers to the inability to afford and access menstrual products, sanitation and hygiene facilities, education, and awareness to manage menstrual health;[1]
5. **Whereas,** the price of menstrual products has risen nearly 40% in the past 6 years;[2]
6. **Whereas,** according to *The State of the Period 2025*, 39% of teens have had economic pressure affect their ability to purchase menstrual products;[3]
7. **Whereas,** programs used to help pay for necessities at the grocery store (SNAP and WIC programs), do not cover hygiene supplies, which includes menstrual products;[4]
8. **Whereas,** a survey conducted in 2023 showed that 89% of teens nationwide believed that there should be free menstrual products provided in schools;[5]
9. **Whereas,** toilet paper and soap are provided in school bathrooms but menstrual hygiene products are not, even though they are also considered essential;
10. **Whereas,** in 2023, 53% of teens nationwide stated that they very rarely found free menstrual products in school bathrooms;[5]

11. **Whereas,** it is the intention of the Alaska State Legislature for schools to be a safe learning space;[6]
12. **Whereas,** the inability to afford menstrual hygiene products can have a direct affect on a student's academic career, as it increases the likelihood that a student will miss school and may decrease their ability to focus;
13. **Whereas,** as of January 2025, 10 states have passed legislation funding and requiring menstrual products in schools, 11 states have passed legislation requiring menstrual products to be provided in schools without funding, and 7 states have passed legislation contributing funding so that schools can provide menstrual products;[7]
14. **Whereas,** a lack of menstrual products affects the engagement in the classroom negatively;[8]
15. **Whereas,** a 2025 survey found that four-in-ten teenagers were unable to do their best on schoolwork because of a lack of access to menstrual products and a third had missed class time due to period poverty;[9]
16. **Whereas,** according to a 2019 survey about menstrual hygiene products not being provided in high schools, 12.7% of students reported that they missed school due to a lack of menstrual hygiene products, 15.1% reported being late to school because of a lack of access to menstrual hygiene products, and 23.91% reported leaving school early because of a lack of menstrual hygiene products. The study also shows that 17.6% of respondents reported that a lack of menstrual hygiene products resulted in a negative impact to their ability to learn and 7.65% experienced health issues because of the lack of menstrual products;[10]
17. **Whereas,** following the passage of a law that required free menstrual products for students, a 2.4% increase in attendance was reported by participating New York schools;[11]
18. **Whereas,** as the logic of the studies, featured above, suggests, the assured presence of free menstrual products in middle and high school bathrooms will reduce absentee rates, increase the ability to focus, and improve confidence and safety amongst people that experience menstruation in schools;

Therefore, be it resolved that the Alaska Association of Student Governments supports the creation of legislation funding and requiring schools to provide menstrual hygiene products in all female-accessible school bathrooms across the state of Alaska.

Action Statement: if passed by the General Assembly of AASG, this resolution will be brought before the Alaska State Legislature for their consideration.

The resolution passes with unanimous consent.



AASG Vice President, Sarah Todd



AASG Executive Director, Kassandra Mirosh

Sources:

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3. Thinx, Inc., PERIOD, et al. *State of the Period 2025*. period.org/uploads/2025-State-of-the-Period-Study.pdf.
4. The Century Foundation. *America's Unspoken Hygiene Crisis*. 16 July 2021, tcf.org/content/commentary/americas-unspoken-hygiene-crisis.
5. Thinx, Inc., PERIOD., et al. "State of the Period 2023." *State of the Period*, period.org/uploads/SOTP-2023.pdf.
6. *Alaska Statutes 2025*. www.akleg.gov/basis/statutes.asp#14.07.020.

7. “Period Products in Schools by State U.S.” *Statista*, 5 June 2025, www.statista.com/statistics/1424030/period-products-in-schools-by-us-state.
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11. Alliance for Period Supplies. *Period Products in Schools*. Report, 2023, allianceforperiodsupplies.org/wp-content/uploads/2025/01/Period-Products-in-Schools-Jan-2025.pdf.