



**Alaska Association of Student Governments**

**Resolution #14**

**Implementing a Sexual Health & Literacy Program into MSBSD Health Courses**

**Submitted by: Savannah Fettes & Colony High School Student Government**

**October 24, 2025**

**Be it Resolved that the Alaska Association of Student Governments** supports efforts to create and enforce a proper sexual education to all students within the Matanuska Susitna Borough School District (MSBSD).

1. **Whereas**, the majority of students taking high-school level health courses are enrolled in the Apex Health class, either through online learning like iTech or with teacher-led guidance;
2. **Whereas**, the Apex Health course's Sexual Health instructional unit gives little guidance on emotional intimacy and sexual wellbeing, highlighting and encouraging total abstinence;
3. **Whereas**, in 2023, 30% of U.S. high school students reported having engaged in sexual activity <sup>1</sup>;

4. **Whereas**, concerns had been raised centering around safe and informed underage sexual activity;
5. **Whereas**, Seattle public schools have implemented a sexual education program that supports healthy relationships, builds tools needed to reduce teen pregnancy, and encourages healthy conversations about sexuality <sup>2</sup>;
6. **Whereas**, 93% of surveyed Colony High School Freshmen students enrolled in Health reported that 80-100% of their sexual education stems from their parents/guardians or social media platforms like TikTok, both of which are not guaranteed to provide a comprehensive education<sup>3</sup>;
7. **Whereas**, proper education surrounding sexual activity would reduce fearful abstinence while also helping sexually active teenagers make informed decisions on sexual activity including consent, STIs, and contraceptives;
8. **Whereas**, development of a specific district-wide sexual education & literacy curriculum involved during high school health classes ensures proper sexual education for high school students;

**Therefore, be it resolved that the Alaska Association of Student Governments** supports the implementation of a uniform sexual health & literacy education curriculum within the MSBSD.

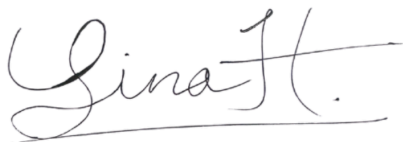
**Action Statement:** If passed by the general assembly of AASG, this resolution will be presented to the Mat-Su Borough School District School Board, where a proper curriculum and course guide would be considered.

Sources:

1. Szucs, Leigh E., et al. "Asking for Verbal Sexual Consent and Experiences of Sexual Violence and Sexual Behaviors Among High School Students — Youth Risk Behavior Survey, United States, 2023." MMWR, vol. 73, no. 4, journal-article, US Department of Health and Human Services | Centers for Disease Control and Prevention, 10 Oct. 2024, [www.cdc.gov/mmwr/volumes/73/su/pdfs/su7304a7-H.pdf](http://www.cdc.gov/mmwr/volumes/73/su/pdfs/su7304a7-H.pdf)
2. Seattle Public Schools. "Sexual Health Education – Seattle Public Schools." Seattle Public Schools, 6 Aug. 2025, [www.seattleschools.org/departments/health-education/sexual-health-education](http://www.seattleschools.org/departments/health-education/sexual-health-education)
3. Survey conducted by Savannah Fettes on Freshmen enrolled in Health at Colony High School

*The resolution passes with noted opposition*

*Passed by the Fall 2025 General Assembly of AASG*



AASG Vice President, Lina Hischer



AASG Executive Director, Cassandra Mirosh