



**4 Class Athletics/ Activities Waiver
Resolution #10a
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Kodiak High School**

Be it resolved by the general assembly of the Alaska Association of Student Governments:

- 1. Whereas**, currently according to the Alaska School Activities Association (ASAA), a student in public schools in Alaska must be enrolled in a minimum of four (4) classes to be eligible to participate in ASAA sanctioned athletics and activities³;
- 2. Whereas**, ASAA governs all athletics and activities for public schools in Alaska;
- 3. Whereas**, many of the large school districts in Alaska have a 6-period day¹;
- 4. Whereas**, an increasing number of students split their day in half (approximately 3 classes) to make time available to work due to meeting graduation requirements ahead of schedule;
- 5. Whereas**, the students in our schools today have unique needs compared to students of the past. Requiring four classes does not recognize that education has changed for our 21st century learners, there are a variety of ways to gain a quality education outside of a traditional classroom experience;
- 6. Whereas**, due to many factors, (unemployment/ underemployment, inflation, post pandemic fallout, multigenerational families, exorbitant cost of continual education, etc.), many students are being compelled to work to support themselves and/or contribute to their families' finances;
- 7. Whereas**, students who are enrolled in less than four classes currently do not have the opportunity to participate in athletics and activities³;
- 8. Whereas**, students typically are employed throughout the school year, not solely during a sports season, (with an approximate three-month duration), therefore temporary or part time work is not optimal;

9. **Whereas**, activities and athletics are an important part of the educational experience and provide many benefits to youth such as boosted self-esteem, increased mental health, better academic performance, and increased problem-solving skills²;
10. **Whereas**, a student who does not meet the current four class requirement would be able to petition ASAA through their local athletic director/ administration for a waiver;
11. **Whereas**, local athletic directors/ administrators have the best chance to know students and their individual situations and would serve to screen out students who may take advantage of the waiver;
12. **Whereas**, students must participate in a minimum of three classes to participate in ASAA activities;

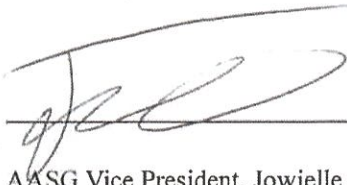
Therefore, be it resolved by the Alaska Association of Student Governments and the General Assembly of AASG that students who are enrolled in less than four classes be able to petition their athletic director/ site administrator to submit a waiver to ASAA to participate in ASAA sanctioned activities and athletics.

Action Statement: This resolution, if approved by the General Assembly of AASG, will be sent to Billy Strickland ASAA President and ASAA Board of Directors.

Works Cited

1. We understand there are many exceptions to this, however most large school districts that we researched had a 6-period day (KIBSD, ASD, MatSu, FNSBSD, JBSD (Juneau also has an optional 0 hour and 7th hour), KPSD maintains a 7 period schedule)).
2. MU Health Care: *Benefit of Sports for Adolescence*
<https://www.muhealth.org/conditions-treatments/pediatrics/adolescent-medicine/benefits-of-sports>
3. ASAA Handbook22/23 Article 12, *Section 7: Semester Credit Rule* p.58
<https://asaa.org/wp-content/uploads/handbook/2023handbook/asaa/complete/2022-2023-ASAA-Handbook.pdf>

Passed by the Fall 2022 General Assembly of AASG hosted by Wasilla High School



AASG Vice President, Jowielle Corpuz



AASG Executive Director, Kathleen Navarre