



**Alaska Association of Student Governments**

**Resolution #12**

**Allow the Free Use of the Bathroom without Incentivisation or Pass Restrictions**

**Submitted By: Aidan Duran**

**Submitted: October 31, 2019**

**Be it Resolved by the Alaska Association of Student Governments that:**

1. **Whereas**, many teachers at Chugiak High School put restrictions on bathroom use;
2. **Whereas**, many teachers have an incentivized pass system that punishes bathroom use;
3. **Whereas**, body autonomy is protected under the 14th amendment of the Constitution;<sup>1</sup>
4. **Whereas**, the average human urinates 6 to 7 times in a 24 hour period;<sup>3</sup>
5. **Whereas**, students should be allowed to use the bathroom without any form of public announcement;
6. **Whereas**, students should never need to give a reason or an “excuse” for why they need to use the bathroom;
7. **Whereas**, holding in one's urine increases the risk of a UTI;<sup>2</sup>
8. **Whereas**, in an adult workplace it is illegal to deny the use of the bathroom to an employee;
9. **Whereas**, teachers can require students to sign out discreetly in case of an emergency (Such as a fire drill or lockdown);

10. **Whereas**, six-minute passing periods are not long enough for many students to complete their bodily functions;
11. **Whereas**, tampons should be changed every three to five hours to prevent TSS (Toxic Shock Syndrome);<sup>5</sup>
12. **Whereas**, menstrual pads should be changed at regular intervals to allow the highest amount of comfortability to menstruating students;
13. **Whereas**, students who are in a comfortable state of being are more receptive to learning;
14. **Whereas**, being denied restroom use while menstruating is immoral;
15. **Whereas**, having to inform a teacher of your bodily functions can be embarrassing and damaging to a young person's self-esteem;
16. **Whereas**, the California Education Code (CSEA) considers a teacher refusing to allow a student to use the bathroom as a form of illegal corporal punishment;<sup>4</sup>
17. **Whereas**, bathroom use is a right, not a privilege;
18. **Whereas**, restricting bathroom use only perpetuates a society that considers everyday anatomical functions as taboo;

**Therefore, be it resolved that the Alaska Association of Student Governments** supports Chugiak High School will ban the use of restrictive and incentivized bathroom passes in favor of allowing students to go relieve themselves whenever they feel it is necessary.

**Action Statement:** This resolution, if passed by the General Assembly of AASG, will be sent to the following:

Megan Hatswell, Principal, Chugiak High School  
[hatswell\\_megan@asdk12.org](mailto:hatswell_megan@asdk12.org)

#### Sources

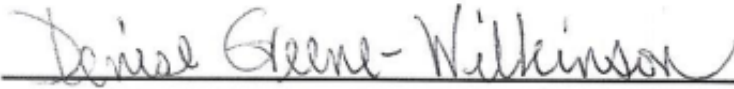
1. "Bodily Autonomy: SexInfo Online." *Bodily Autonomy* | *SexInfo Online*, [sexinfo.soc.ucsb.edu/article/bodily-autonomy](http://sexinfo.soc.ucsb.edu/article/bodily-autonomy)

2. “Urinary Tract Infections.” *Womenshealth.gov*, 1 Apr. 2019, [www.womenshealth.gov/a-z-topics/urinary-tract-infections](http://www.womenshealth.gov/a-z-topics/urinary-tract-infections)
3. Savory, Gemma. “Normal Urinary Frequency.” *Bladder & Bowel Community*, 18 Apr. 2019, [www.bladderandbowel.org/bladder/bladder-conditions-and-symptoms/frequency/](http://www.bladderandbowel.org/bladder/bladder-conditions-and-symptoms/frequency/)
4. California Legislative Information. “Education Code (EDC): Pupils Rights and Responsibilities: Article 5 - Prohibition of Corporal Punishment.” *Codes: Text Search*, [https://leginfo.legislature.ca.gov/faces/codes\\_displaySection.xhtml?sectionNum=49000&lawCode=EDC](https://leginfo.legislature.ca.gov/faces/codes_displaySection.xhtml?sectionNum=49000&lawCode=EDC)
5. Cornforth, Tracee. “Are You Changing Your Pads and Tampons Often Enough?” *Verywell Health*, Verywell Health, 18 Sept. 2019, [www.verywellhealth.com/menstrual-hygiene-how-often-to-change-tampons-or-pads-3522511](http://www.verywellhealth.com/menstrual-hygiene-how-often-to-change-tampons-or-pads-3522511).

**Passed unanimously by the 2019 Fall Conference GA at Palmer High School**

A handwritten signature in black ink, appearing to be 'Forrest Davis', written over a horizontal line.

**AASG Vice President, Forrest Davis**

A handwritten signature in black ink, appearing to be 'Denise Greene-Wilkinson', written over a horizontal line.

**AASG Executive Director, Denise Greene-Wilkinson**