

DISCUSSION QUESTIONS FOR RAILWAY OF HOPE-THE MOVIE

These questions can lead to a valuable discussion about Railway of Hope and the issues and skills addressed.

AASG will also have handouts and other materials available starting at the Fall 2013 AASG Conference.

If you need further help, please call Careline 1-877-266-4357 or text4help to 839863.

For further resources, email Executive Director at ma2tna@acsalaska.net .

Questions for Discussion:

1. In Railway of Hope, what was going right for Landon and his friends at the start of the film?
2. What changes did you see in Landon's life throughout the film that indicated that things were going downhill for him?
3. What changes did you see throughout the film that indicated that things were challenging for people close to Landon? (family, friends, coach, teacher)
4. What are some feelings that Landon felt at different times in the film?
5. What do you think his friend meant when he talked with Landon after class about how he must be feeling uncomfortable?
6. Where in the film could one of the characters have stepped in to help earlier?
7. What might have been a better response by Mrs. Adams with Landon and his sister after Mr. Adam's death?
8. How do you think the coach felt after his interaction with Landon?
What might have been a better way for the coach to respond? What about another character?
9. What signs did Landon show that he was in trouble?
10. How did his friends decide to get help? What do you think led them to that decision?
11. What was the result of Landon's friends talking with the teacher?
12. How did his family react to this intervention?
13. What happened as the film ended? What do you think helped Landon?

14. Sometimes when a person talks about suicide, others don't "hear" the message. Why do you think that is so? What can you do to be sure you hear the message?
15. What are some warning signs or signals of teenage thinking about suicide?
16. What behaviors should be warning signs to friends and family to reach out to help?
17. What do you think would have happened if Landon's friends had asked him if he was thinking of hurting himself? How do you feel about their plan?
18. What's the difference between everyday sadness and suicidal sadness?
19. In the film Railway of Hope, what was the result of addressing the topic of suicide prevention in class? How might it have helped?
20. How do you think that suicide prevention training can help? Where can you go to get help?
21. How do you think this story fits with real life?
22. What do you think is the significance of the title?
23. What will you do differently after seeing the film Railway of Hope?