



Alaska Association of Student Governments

Resolution #9

Modifying the ASD Sports Waiver for P.E. from .25 to .50 credits

Submitted by: Eagle River High School

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Submitted: October 31, 2019

Be it Resolved by the Alaska Association of Student Government that: the physical education waiver students receive for ASAA-sanctioned sports participation within the Anchorage School District be changed from .25 credits to .50 credits per full season of participation.

- 1. Whereas,** currently Physical Education/Health classes in the Anchorage School District are .50 credits per semester, while sports waivers are .25 credits;
- 2. Whereas,** the Anchorage School District's graduation requirement for Physical Education/Health classes is 1.5 credits, or three semesters;
- 3. Whereas,** if no Physical Education/Health classes are to be taken, six full seasons of sports would be required to fulfill the mandatory credit requirements;
- 4. Whereas,** the majority of students in the Anchorage School District participate in physically challenging sports every day after school, and sometimes practices end as late as 8 PM, with weekday games ending as late as 9 PM or 10 PM;
- 5. Whereas,** one sport may take up approximately 8 hours each week, (including games and matches, etc.) while P.E. classes only take up approximately 4.5 hours each week;
- 6. Whereas,** some students participate in more than one sport at the same time;

7. **Whereas**, cumulatively, sports take up approximately more time per season than a P.E. class per semester.
 - a. For example, Varsity Ice Hockey is approximately 113 hours per 15-week season, while total time in P.E. classes is approximately 87 hours per semester;
8. **Whereas**, sports offer a higher level of dynamics between participants/players due to team bonding and close interaction that is otherwise not found in standard PE classes;
9. **Whereas**, sports provide students with opportunities to develop leadership and communication skills that they may use later in life and can also help build their career. These are all traits of educational classes in which students receive regular credit;
10. **Whereas**, many sports are more physically intensive than P.E. classes due to a higher amount of practices and workouts;
11. **Whereas**, sports are easier to fit into a schedule since they're after school, so if students desire, they can have a more flexible class schedule at school by not being required to take PE classes;
12. **Whereas**, Students must remain eligible throughout the entire season to receive credit;
13. **Whereas**, Students would present proof of sport participation to their counselor to receive the credit;

Therefore, be it resolved that the Alaska Association of Student Government supports that the physical education waiver students receive for ASAA-sanctioned sports participation within the Anchorage School District be changed from .25 credits to .50 credits per full season of participation.

Action Statement: This resolution, if passed by the Alaska Association of Student Government, will proceed to the Anchorage School Board and the Alaska School Activities Association for further discussion and consideration.

Works Cited:

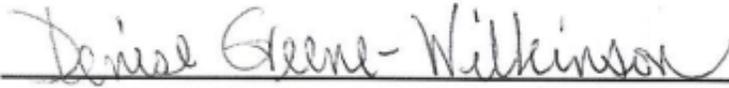
1. "Get Credit For PE Outside Of School." *Redmond Proficiency Academy*, <https://rpacademy.org/student-tools/how-do-i/get-credit-pe-outside-school/>.
2. See, Johnny. "Sports Should Count as PE Credit." *The Mustang Moon*, 11 Apr. 2013, <https://themustangmoon.com/2901/opinion/columns/sports-should-count-as-pe-credit/>.

3. Sieck, Ben. "Arizona School District Approves Class Credit for Sports Participation." *NFHS*, 10 Mar. 2015, <https://www.nfhs.org/articles/arizona-school-district-approves-class-credit-for-sports-participation/>.
4. "Student Handbooks / High School Graduation Requirements." / *High School Graduation Requirements*, <https://www.asdk12.org/students/graduation/>.

Passed unanimously by the 2019 Fall Conference GA at Palmer High School



AASG Vice President, Forrest Davis



AASG Executive Director, Denise Greene-Wilkinson