



Alaska Association of Student Governments

Resolution #10

Seven-plus-One Period Block Schedule

Submitted by: Madison Davis

Submitted: October 31, 2019

Be it Resolved by the Alaska Association of Student Governments that:

1. **Whereas**, Chugiak High School is now on a 6 period, traditional schedule;¹
2. **Whereas**, Chugiak High School will have a 7 period, block schedule;
3. **Whereas**, the 7 period, block schedule will be outlined as shown below¹
 - a. Monday PLC

Period 0	No Period
Period 1	8:15-8:52
Period 2	8:58-9:35
Period 3	9:41-10:18
Lunch	10:18-11:08
Period 4	11:14-11:51
Period 5	11:57-12:34
Period 6	12:40-1:17
Period 7	1:23-2:00

- b. Block A and B Schedule where

Period 0	6:00-7:20
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Period 1 or 4	7:30-8:50
Period 2 or 5	8:56-10:16
Lunch	10:16-11:08
Period 3 or 6	11:14-12:44
Period 7 (70 minutes)	12:50-2:00

4. **Whereas**, Block A is Period 1, 2, and 3 while Block B is Period 4, 5, and 6. Period 7 will occur every day. Block A will occur on Tuesday and Thursdays while block B will occur on Wednesdays and Fridays;
5. **Whereas**, teachers will have 357 minutes of instructional time on the 7 period block schedule compared to the 253 minutes they teach on a 6 period traditional schedule;¹
6. **Whereas**, teachers will have more time to give personal instruction and more face time;
7. **Whereas**, more face time and personal instruction will help “Capturing Kids’ Hearts”, a program the ASD has been investing in since 2017;²
8. **Whereas**, block scheduling has shown to be more liked by students than a traditional schedule because there is less homework, more time to learn, more projects and hands on activities, and it has eliminated the need for summer school and credit make up;⁷
9. **Whereas**, teachers teaching the 0-hour have no increase in their FTE(Full Time Equivalent);⁶
10. **Whereas**, the number of potential homework assignments per week goes down by 50%;³
11. **Whereas**, the extra period will give students either an extra elective, core class, or free period every day;
12. **Whereas**, with the extra period we can add 2 more elective credits to graduation requirements which now consist of only 7 credits;⁴
13. **Whereas**, the study and participation in fine arts is shown to be a key component in improving learning in all academic areas;⁴
14. **Whereas**, adding two more elective credits to graduation requirements will help all students. In the study “Champions of Change: The Impact of the Arts on Learning” (Fiske, 1999)⁵ has shown that:
 - a. The arts reach students not normally reached

- b. It changes the learning environment to one of discovery
- c. Students can connect with each other better
- d. The arts provides challenges to students of all levels
- e. Students learn to become sustained, self-directed learners
- f. 21% of students of low socioeconomic status who had studied music scored higher in math versus just 11% of those who had not. By the senior year, these figures grew to 33% and 16%, respectively;

Therefore be it resolved that the Alaska Association of Student Governments supports giving Chugiak High School a seven period block schedule and more 0-hours which would increase student success in school and give the ability to add two more elective credits to graduation requirements.

Action Statement: This resolution if passed by AASG will be sent to the following:

Megan Hatswell- Principal at Chugiak High School

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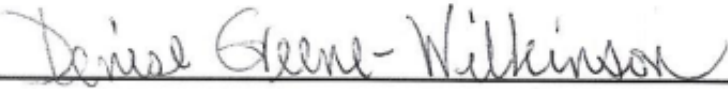
Sources:

1. “About Chugiak / Bell Schedule.” / Bell Schedule, Chugiak High School, www.asdk12.org/Page/10883.
2. Hanlon, Tegan. “Anchorage School District Suggests Cutting 99 Full-Time Teaching Positions to Close \$15M Budget Gap.” *Anchorage Daily News*, Anchorage Daily News, 7 Feb. 2017, www.adn.com/alaska-news/education/2017/02/06/anchorage-school-district-presents-2017-18-budget-that-cuts-99-full-time-teaching-positions-to-close-15m-gap/.
3. Averett, Chris P. *Block Scheduling in North Carolina High Schools*. North Carolina State Dept. of Public Instruction, Raleigh. Div. of Innovation and Development Services., Dec. 1994.
4. Chugiak High School Graduation Requirements. Inside cover of 2019-20 High School Handbook, Anchorage School District
5. Bryant, Bob. “Katy Independent School District.” *The Importance of Fine Arts Education*, www.katyisd.org/dept/finearts/Pages/The-Importance-of-Fine-Arts-Education.aspx.
6. McDonogh, Paul. Conversational Interview. 23, October 2019.
7. Griffin, Leslie L., and James W. Nicholson. *An Evaluation of the Block Schedule in Two High Schools*. 2002.

Passed unanimously by the 2019 Fall Conference GA at Palmer High School

A handwritten signature in black ink, appearing to be 'Forrest Davis', written over a horizontal line.

AASG Vice President, Forrest Davis

A handwritten signature in black ink, appearing to be 'Denise Greene-Wilkinson', written over a horizontal line.

AASG Executive Director, Denise Greene-Wilkinson